



Lori Anne Wilson, Cafeteria Manager 672-3736

August 1, 2009

Students, Parents, Faculty and Staff,

Welcome back to a new and exciting school year. I hope you'll stop by and eat with us.

A few items to note for this year:

- ~ School policy states that no fast food or sodas may be brought into the school.
- ~ Menus will be posted on our school website or you can stop by and pick one up from the cafeteria.
- ~ We will continue to serve Ala Carte items. These items made be paid with cash or from the students lunch account.
- ~ Our board policy on lunch charges is limited to two charges for breakfast and two charges for lunch.
- ~ You may pay for your student's lunch account with cash, check or mylunchmoney.com. MLM is a great way to put money in your child's account and keep track of their totals.

I look forward to a great year! I hope you'll stop by and eat with us Eat Healthy!

Lori Anne Wilson
Cafeteria Manager



**A Salad Choice will
be offered everyday**

*Please feel free to stop by and meet all of
our cafeteria ladies~
LA, Ann, Mary, Peggy, TC and Theresa*

Monday 8/10

½ day Registration

Tuesday 8/11

Administrative Day

Wednesday 8/12

One Slice Pizza, Tossed Salad,
Corn, Fresh Oranges Wedges

Thursday 8/13

Chicken, Creamed Potatoes,
Broccoli & Cheese, Peach
Slices, Roll & Milk

Friday 8/14

Deli Wrap, Baked Beans,
Sweet Potato Fries, Fresh
Apple & Milk

Monday 8/17

Tacos, Trimmings, Rice,
Refried Beans, Pineapple &
Milk

Tuesday 8/18

Hamburgers, Trimmings,
Carrot Sticks, FF, Baked
Beans, Banana & Milk

Wednesday 8/19

Steak w/Gravy, Potatoes,
Peas, Peaches, Rolls & Milk

Thursday 8/20

BBQ Sandwich, White Beans,
Cole Slaw, Hashbrown
Casserole, Applesauce
& Milk

Friday 8/21

Stuffed Crust Pizza, Salad,
Green Beans, Mixed Fruit
& Milk

Monday 8/24

Chicken AuGratin Potatoes,
Broccoli, Pears, Rolls & Milk

Tuesday 8/25

County Fried Beef Steak
w/gravy, Mac& Cheese, Lima
Beans, Mixed Fruit, Rolls and
Milk

Wednesday 8/26

Deli Sandwich, Trimmings,
Sweet Potato Fries, Carrot
Sticks, Banana & Milk

Thursday 8/27

Cheesy Chicken Pasta, Salad,
Mixed Veggies, Rolls & Milk

Friday 8/28

Pizza, Salad, Okra, Pineapple
& Milk

Monday 8/31

Corn Dogs, Tater Tots, Cole
Slaw, Fresh Orange Wedges &
Milk

Breakfast Menu ~

- 12-Aug Ham & Biscuit, Juice & Milk
- 13-Aug Pancakes, Cheese Stick, Juice & Milk
- 14-Aug Sausage Biscuit, Juice & Milk
- 17-Aug Cereal or Cereal Bar, Cheese Stick, Juice & Milk
- 18-Aug Sausage Pancake on Stick, Juice & Milk
- 19-Aug Hot Pocket, Juice & Milk
- 20-Aug Biscuit & Gravy, Juice & Milk
- 21-Aug Chicken Biscuit, Juice & Milk
- 24-Aug Ham & Egg Biscuit, Juice & Milk
- 25-Aug Breakfast Sausage Pizza
- 26-Aug Steak Biscuit, Juice & Milk
- 27-Aug Hot Pocket, Juice & Milk
- 28-Aug Ham & Biscuit, Juice & Milk
- 31-Aug French Toast Sticks, Cheese Stick, Juice & Milk



	Breakfast	Lunch
Middle School	\$1.50	\$2.50
High School	\$1.50	\$2.50
Student Reduced	\$.30	\$.40
Staff member	\$2.00	\$3.00
Visitor	\$2.00	\$3.75
Holiday Meal	\$3.00	\$4.00 adult \$3.00 child